

Study Skills/Health ~ Decision-Making/Driver's Education/First Aid

Course Description ~ Classroom Procedures

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Course Content and Objectives

- Students will be taught study skills and techniques that will aid in school success
- Students will become familiar with knowledge needed for healthful living, including information about alcohol and other drugs
- Students will develop an understanding of current health issues and relate these issues to daily living
- Students will create projects and writing enrichment activities using a variety of resources related to their topic of study

Text: Bronson Mary H., Glencoe Health, McGraw-Hill Publishing, Columbus Ohio, (2015).

Units of Study

Unit 1: Basic Study and Test Skills

Unit 2: Learning Style – Personality Tests

Unit 3: Social, Mental and Emotional Health

Unit 4: Your Physical Health: Nutrition, Weight Management, Physical Fitness

Unit 5: Drug and Alcohol Use and Abuse

Unit 6: Endocrine and Reproductive Health

Unit 7: Communicable Diseases (STD/HIV) and Disease Prevention

Unit 8: Library Skills and Orientation – Research Skills

Unit 9: Career Exploration – College and Vocational Education Exploration

Unit 10: Driver Education

Unit 11: Basic First Aid and CPR

Assignments ~ Tests ~ Quizzes

It is the student's responsibility to complete and turn-in assignments on the corresponding due dates. Time will be scheduled each day for students to work on assignments during class time. Students that do not complete assignments during class must complete the assignment as homework and turn in their work at the beginning of the next day's class period. If a student misses class he/she is responsible for obtaining assignments from the daily folders located at the front of the classroom. Missed assignments are due within 1 day of the absence or equal to the number of days missed if more than 2 days are missed due to a valid absence. Late assignments are accepted however **ASSIGNMENTS WILL LOSE 20% OF ITS VALUE FOR EACH DAY IT IS LATE**. After 5 days the assignment will be given a zero. Tests will be given at the end of a study unit. Tests will include multiple choice, identification (short answer), and essay questions on lecture and reading materials. Study guides will be provided as well as test preparations for each test. If a student is absent the day of a test or quiz, the student will be responsible for making-up the test within 1 day or equal to the number of days missed if more than 1 day is missed due to a valid absence. Make-up tests may be taken before school or with special

arrangements with the teacher only. Students must make arrangements with me to schedule make-up exams. ALL ASSIGNMENTS MUST BE COMPLETED AND THE FINAL TEST PASSED for students to pass the Driver's Education portion of this class to be eligible for obtaining the certification of eligibility to take the written Driver's Education Permit test through CA DMV.

Grading Policy

Success and learning in Study Skills/Health/Decision-Making/Driver's Education depends on regular attendance each day, timely completion of assignments, and engaged participation in class activities. Time will be allowed during the class period for students to work on assignments. In general, homework will be reserved for assignments that were not completed in class and studying for tests. Extra credit work will be made available to all students throughout the semester. Students are not required but are encouraged to participate in extra credit activities. Students should not rely on extra credit for maintaining good coursework standing.

Course work will be weighted as follows:

- Tests/quizzes: 40%
- Projects 30%
- Assignments/homework 20%
- Participation/Attendance 10%
- A+ = 97-100% A = 93-96% A- = 90-92%
- B+ = 87-89% B = 83-86% B- = 80-82%
- C+ = 77-79% C = 73-76% C- = 70-72%
- D+ = 67-69% D = 63-66% D- = 60-62%
- F = 59-0%

Materials Students must have for class each day:

1. Binder specifically for this class with 5 dividers
2. Pen and/or pencil
3. 70 count spiral bound college-rule notebook paper (to be kept in the classroom)
4. Textbook (covered at all times)
5. All completed assignments

Student Expectations

Students are expected to come to class with necessary materials and prepared to participate in class activities. Students are also responsible for: Timely completion of assignments and class projects, obtaining new material and taking class notes, regular participation in class discussions and group activities, and demonstrating thoughtful and analytical work related to the class.

Classroom Rules

Arrive to class on time, be in your seat, and prepared to work when the bell rings

Listen, think, and cooperate

Respect yourself, respect others, respect property

Observe all rules in the Sutter High School student handbook

Students are to be dismissed by the teacher, not by the bell

Consequences for Rule Infractions

First Time: Verbal warning

Second Time: 10 minutes after school detention

Third Time: 20 minutes after school detention and parents notified

Fourth Time: Written Referral and parents notified

Severe Disruptions

Written Referral and parents notified

Rewards : There are many positive ways that you will be rewarded for following rules and cooperating in the classroom. More importantly students will be rewarded by earning good grades and making our classroom an enjoyable and appealing place for everyone!

I have read and understand the requirements of Mrs. Franco's Study Skills/Health/Decision-Making/Driver's Ed course. I agree to follow the classroom rules and understand the consequences if I choose not to cooperate in the classroom.

Student Signature: _____ Date:

Parent Signature: _____ Date:

Please return the bottom portion of this page to Mrs. Franco on your first day in class and keep the syllabus in the front of your Health binder.