

**SUTTER UNION HIGH SCHOOL
BREAKFAST & LUNCH MENU
FEBRUARY 6 - FEBRUARY 10**



**DAILY SPECIAL
BREAKFAST**

Monday, February 6

Bacon Breakfast Bowl, Fruit, Milk

Tuesday, February 7

Bagel Sandwich, Fruit, Milk

Wednesday, February 8

French Toast Sticks and Sausage, Fruit, Milk

Thursday, February 9

Breakfast Burrito, Fruit, Milk

Friday, February 10

Cereal and Pastries, Fruit, Milk

LUNCH

Monday, February 6

Fried Rice, Fruit, Milk

Tuesday, February 7

Taco Tots, Fruit, Milk

Wednesday, February 8

Chicken Bacon Wrap, Fruit, Milk

Thursday, February 9

Enchiladas, Fruit, Milk

Friday, February 10

Chicken Sandwich and Chips, Fruit, Milk

Weekly menu subject to change

STUDENTS HAVE A CHOICE OF SALAD OR SANDWICH BUNDLE IN REPLACE OF DAILY SPECIAL

**STUDENTS MUST CHOOSE ONE FROM
THE FOLLOWING TO MAKE A
COMPLETE BREAKFAST COMBO**

CHOOSE ONE OF EACH

GRAIN: MUFFIN, CEREAL, BAGEL

PROTEIN: STRING CHEESE, YOGURT, EGG

MILK: REGULAR, CHOCOLATE

FRUIT: FRESH FRUIT, JUICE OR FRUIT CUP

DAILY SALADS

ASSORTED LETTUCES, VEGETABLES AND
PROTEIN

DELI SANDWICH BUNDLE MEAL

MEAT-TURKEY BREAST, HAM, BUFFALO
CHICKEN, EGG SALAD

CHEESE-AMERICAN, SWISS, JACK

SERVED WITH LETTUCE, TOMATO, PICKLES
ON A ROLL

BAG OF CHIPS

**All meals include accompanying veggie, fruit
and 1% milk choice**

Quotes of the Week

“You can't go back and change
the beginning, but you can start
where you are and change the
ending.”

“Don't limit yourself. Many
people limit themselves to what
they think they can do. You can
go as far as your mind lets you.
What you believe, remember,
you can achieve.”