

**SUTTER UNION HIGH SCHOOL  
BREAKFAST & LUNCH MENU  
DECEMBER 5 - DECEMBER 9, 2022**



**DAILY SPECIAL  
BREAKFAST**

**Monday, December 5**

Chorizo Bowl, Fruit, Milk

**Tuesday, December 6**

French Toast, Fruit, Milk

**Wednesday, December 7**

Breakfast Quesadilla, Fruit, Milk

**Thursday, December 8**

Breakfast Pizza, Fruit, Milk

**Friday, December 9**

Banana Bread and Cereal, Fruit, Milk

**LUNCH**

**Monday, December 5**

Chicken Quesadilla and Rice, Fruit, Milk

**Tuesday, December 6**

Chicken Burrito Bowl, Fruit, Milk

**Wednesday, December 7**

Minestrone, Fruit, Milk

**Thursday, December 8**

Chicken Tortilla Soup, Fruit, Milk

**Friday, December 9**

Cheeseburgers and Chips, Fruit, Milk

Weekly menu subject to change

**STUDENTS HAVE A CHOICE OF SALAD OR SANDWICH BUNDLE IN REPLACE OF DAILY SPECIAL**

**STUDENTS MUST CHOOSE ONE FROM  
THE FOLLOWING TO MAKE A  
COMPLETE BREAKFAST COMBO**

**CHOOSE ONE OF EACH**

**GRAIN:** MUFFIN, CEREAL, BAGEL

**PROTEIN:** STRING CHEESE, YOGURT, EGG

**MILK:** REGULAR, CHOCOLATE

**FRUIT:** FRESH FRUIT, JUICE OR FRUIT CUP

**DAILY SALADS**

ASSORTED LETTUICES, VEGETABLES AND  
PROTEIN

**DELI SANDWICH BUNDLE MEAL**

MEAT-TURKEY BREAST, HAM, BUFFALO  
CHICKEN, EGG SALAD

CHEESE-AMERICAN, SWISS, JACK

SERVED WITH LETTUCE, TOMATO, PICKLES  
ON A ROLL

**BAG OF CHIPS**

**All meals include accompanying veggie, fruit  
and 1% milk choice**

**Quotes of the Week**

***“Obstacles are what you see  
when you take your eye of  
the goal.”***

***“Success is not final, failure is  
not fatal: it is the courage to  
continue that counts.”***

**Thank you, SUHS Students, for being  
respectful to our kitchen staff. This  
year has started off amazing. Keep  
up the great work!**





