Important Points to Remember

Prepare for the Candidate Fitness
Assessment (CFA) as soon as you know you want to attend a U.S. Service Academy

Complete admissions package as soon as possible for early appointment consideration.

The academies Super Score your ACT/SAT. You can take the Act up to 12 times. Focus on your weakest area each time.

If you are not offered an appointment, you may be offered an opportunity to attend one of the Academy Prep Schools.

Apply to all nominating sources that are available to you.

"One of my favorite duties as a Member of Congress is nominating California's 1st District's best and brightest young men and women to owr nation's service academies."

Checklist

- Complete Application Form online at www.lamalfa.house.gov
- Recent Photo
- 3 Letters of Recommendation
- High School/ College Transcripts
- ACT/SAT Official Scores
- Personal Statement
- Resume

Requirements that do not need to be submitted to my office:

- Application to Academy(s)
- Medical Exam (DODMERB)

For more information, please contact Congressman Doug LaMalfa's Office

Congressman LaMalfa

Attn: U.S. Service Academy Advisor

120 Independence Circle, Ste B

Chico, CA 95973

Phone: 530-343-1000

www.LaMalfa.House.Gov



Congressman
Doug LaMalfa

A Guide to
Applying for
Admission to
the U.S. Service
Academies

Important Dates for Admission to the U.S. Service Academies

Junior Year Tasks

Senior Year Tasks



December - February

All Candidates should inquire or sign up for a Summer Seminar at their desired academy. Schedule or take SAT/ACT.

February – March

Schedule or take the SAT/ACT Standardized Test. Take a practice CFA.

April – May

Contact the Service Academy's admissions office to request an application package. Contact all nominating sources to request an application. You may apply and be nominated to more than one academy.

Academy Websites

- U.S. Military Academy at West Point:
- U.S. Naval Academy: www.usna.edu
- U.S. Air Force Academy: www.usafa.edu
- U.S. Merchant Marine Academy:
- U.S. Coast Guard Academy:

June

Take the SAT/ACT again. The academies utilize a Super Score. That is why you should repeatedly test focusing on one area each time. The Super Score is taking the highest individual scores from different "sittings." For example, if you take the SAT's in May and in June and have the following scores:

May 660 Verbal 600 Math	June 600 Verba 660 Math		
		Super Score	1320

July – August

Schedule medical exam with DoDMERB (Department of Defense Medical Review Board). After preliminary screening by the academy, you will receive information about scheduling your appointment with DoDMERB. Please Schedule your Appointment early because many students require medical waivers which can take several months to complete. All candidates must be found medically qualified before offered admittance to the academies.

Schedule SAT/ACT for October. Historically students improve their scores the more they repeat the tests. Take another practice Candidate Fitness Assessment (CFA).

Fall

Complete and submit nomination applications to all nominating sources. Please note that the application due dates can vary from office to office and year to year. My office has an October 31st due date.

Take the Candidate Fitness Assessment. The more you prepare for this test the better you do. Try to max it. It may be 10% of your overall board packet. You will receive instructions from the academy for completing the test.

Our office will contact you regarding the time/place of the interview. Dress professionally.

Continue to update your candidate files with the academies after you receive your congressional nomination. You are competing with the best and brightest in the country. One ACT point and/or a maxed out CF could be the difference of receiving the appointment. Make yourself stand out!

